

OUR DIOCESAN FAMILY

The newspaper of the Diocese of East Anglia

FREE

January 2009



Mary taking on family life role

Mary Clark is the new marriage and family life co-ordinator for the Diocese of East Anglia and comes to the post from a community based HIV/AIDS project for the Archdiocese of Lusaka in Zambia.

She had been working with her husband, Andrew, in Africa on a two year voluntary placement.

A nurse and health visitor by profession she said it was a "wonderful opportunity to put my skills and experience to work in an area where it was in great demand and where resources were somewhat more stretched than here in the United Kingdom".

The couple have been married for 37 years and have five grown-up children aged between 22 and 36 years.

"On returning to the United Kingdom in the autumn of 2008, the opportunity of working to support marriage and family life was an attractive one,

offering once again the chance to put some of our own experience, the joys and the difficulties, at the service of other families.

"Both Andrew and I had already been involved in this area within the diocese, as co-ordinators of the Listening 2004 consultation and subsequently as part of the Diocesan Commission for Marriage & Family Life.

"I took up my post on 1 October, 2008 and in the first few months have been working to gather information about the resources available to support marriage and family life both within the diocese and nationally," Mary said.

"The Listening 2004 consultation, in which so many were involved, has been a valuable starting point. That, and the subsequent work of the Marriage & Family Life Commission, has helped me to identify precisely what support exists, where it is available, and how effective it is.

"It is also as a result of that consultation and the work of the Commission, that three years of funding for my post and the associated projects has been obtained through the Bishops' Conference."

The initial remit is threefold: i) to work with Marriage Care and Marriage Encounter to provide more widely available support for those preparing for marriage; ii) to initiate a programme of support for parents, through provision of 'parenting programmes'; and iii) to offer support where needed to the already developing projects aimed at reaching out to those with learning difficulties and their families.

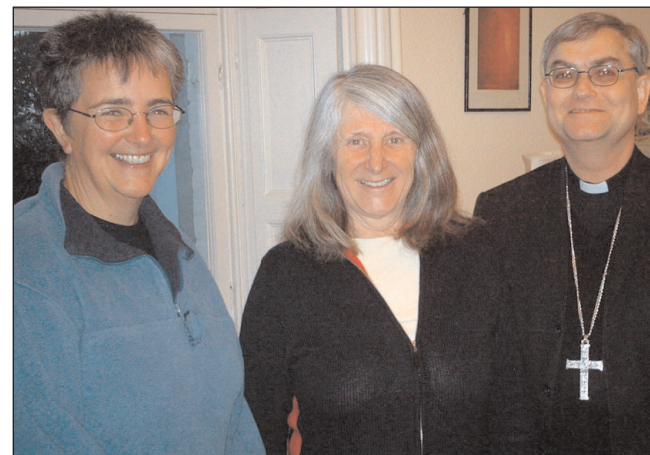
Mary said: "In the spring of 2009, I will be working to provide a pilot 'Parenting Course' in Norwich.

"I would like to invite volunteers to help me lead a course in Ipswich later in the year to come along to the course in Norwich.

"Suitable candidates will be given the necessary training.

"It is hoped that the courses themselves will eventually be available throughout the Diocese, so do keep a look out for information in your Parish newsletters!

For further details on the Parenting Course in Norwich and prospective volunteers from Ipswich, please contact Mary on 01603 504667.



Mary Clark the new diocesan marriage & family life co-ordinator, funded by the Bishops' Conference 'Celebrating the Family Fund' for three years with Bishop Michael and Mary Mustoe-Arthur chairman of the Marriage & Family Life Commission.

God's creation diocesan theme for this year

God's gift of creation is the diocesan theme for this year and Bishop Michael launched it with a pastoral letter on the Second Sunday of Advent.

The focus is on creation made new by the incarnation, life, death and resurrection of Jesus Christ.

Bishop Michael said: "The universe was created to express God's love. All creation belongs to him and our planet is only on loan to each generation of human beings.

"Since the beginning, human greed and selfishness have had a destructive impact on our God-given environment, and that is more so today than ever before. Our world could all too easily become a wilderness.

"Care for creation in God's name is a profoundly spiritual issue. The call to live simply, justly and sustainably is a central part of this."

Bishop Michael took the Bible, Pope Benedict and St Peter's letters as his sources for the authority for care for the earth and "ecological conversion" but he also said people must care for each other too.

"Our day-to-day decisions and life-styles impact on the earth and its people, today and in the future. We are responsible together for the whole of "Planet Earth".

"However large the problems can seem, and however complex the science, we must not ignore what is happening to our environment," Bishop Michael said.

He referred to the importance of the Amazonian rain forests but also said East Anglia was vulnerable too with its eroding coastline, the threat to fenlands, river flood plains and the Norfolk Broads from rising sea levels.

"What more can we do in our own lives - at home, school, university and work, and in our parishes - to take better care of our planet?

"This has to include working together to ensure local and national government play their crucial and essential part, and that a global way forward be found to ensure that the beauty of creation does not become a wilderness."

Bishop Michael will invite the whole of the diocese to renew commitment as stewards of God in caring for creation on the first Sunday in Lent next year.



Women from East Anglia CWL enjoying some Autumn sunshine at their National AGM and conference at Scarborough in October. Amongst the happy group there are catechists, readers, eucharistic ministers, singers in choirs and youth leaders from parishes across East Anglia. Many are also involved in Life groups, prayer groups and care and support groups. Alison Love, branch vice president, said: "Let's not forget the flower arranging, tea making, cake baking and general Caring With Love. Phew, I think they deserved their weekend away."

NEWS FROM BISHOP MICHAEL



Big changes in many parishes

Several parishes have gone through big changes since the last edition.

Sawston has been merged with Our Lady and English Martyrs, Cambridge, but it is still being served by Fr Raf Esteban and retains its distinctive character.

Fr John Shannon has gone to Caldey Abbey to try his vocation to the Cistercian life, and so Costessey has lost its resident priest. It is currently being served from St John's Cathedral.

Cromer and Sheringham were merged last September. All these changes remind us that we face a future with fewer and fewer priests.

Fr Michael Ryan has returned to work with the St James Society in Peru after eleven years at St Mark's, Ipswich. I am most grateful to Archbishop Kevin McDonald of Southwark for freeing Fr Kevin Stokes to come and take care of St Mark's.

The spiritual needs of older people

Marianne MacQueen has produced a most valuable booklet on 'Meeting the Spiritual Needs of Older People', for the Diocesan Commission for Social Concern. There is a special DVD available to facilitate discussion and action. It would be good for every parish to review its provision for the spiritual needs of its older members, as well as all the ways that older people already contribute so much to parish life.

And the needs of our older priests!

Last October, our annual Mass and lunch for so-called 'retired priests' drew together many of our older priests who no longer hold office as parish priests or assistant priests, but most of whom are far from 'retired' see the picture top

Many of our parishes rely on them each Sunday and they are pictured at the top of the page. They were joined by Fr Tony Shryane, who has a special ministry among them, and Fr Franco Legnani (*far right*), an Italian priest working in our twin diocese in Cambodia who stayed in East Anglia for a week. Fr Liam Crowley came all the way from Ireland for the occasion.

Remembering Archbishop Romero

Last Holy Week, I invited people to contribute to a special appeal for the work of the Carmelite Sisters at the 'Hospitalito', the Divine Providence cancer hospital in San Salvador where Archbishop Oscar Romero lived and in the chapel of which he was murdered and martyred in 1980. You were once again wonderfully generous, and I was able in November to pass on a cheque for £3411 to the Archbishop Romero Trust for the sisters' work.

Christmas cards

Once again, hundreds of cards made their way from East Anglia to parishes in Cambodia and the Holy Land at Christmas. This simple gesture means so much to our friends in those communities. Thank you for making the extra effort.

LEARNING TOGETHER

These are the next two study days in our diocesan adult religious formation programme. Everyone is very welcome.

God, creation and us!

24th January 2009, at St Laurence's Catholic Church, 91 Milton Road, Cambridge

Bishop Michael will lead a day on God's work of creation, and our role as stewards of that creation. This is part of our diocesan theme for 2009: 'Care for God's Creation'.

Introducing the Psalms

21st February 2009, at the Pastoral Centre, Catholic Church, 14 Exeter Road, Newmarket

Abbot Lawrence O'Keeffe explores the Psalms, that great 'prayer book' of the Old Testament prayed by Jesus himself and by his Church throughout the ages.

You can register for each module by e-mailing: learning.together@yahoo.co.uk

or by going to the 'Adult Education' pages on our diocesan website and registering on-line, or by writing to:

Diocesan Learning Together Programme, Parish Office, 14 Exeter Road, Newmarket CB8 8LT

All modules are on Saturdays, with registration and coffee at 10.30 and finishing at 3.00. Bring your own packed lunch.



Smile in the sky – at the wonder of God's creation!

Second Collections

Sunday 4th January

(Epiphany)

BUILDING BRIDGES

Parishes are invited to contribute to projects in our two twin dioceses of the Latin Patriarchate of Jerusalem and the Apostolic Prefecture of Battambang in Cambodia. All money will be divided equally between the two. Parishes involved in their own local twinnings may prefer to hold a collection for their particular projects.

Sunday 18th January

(Peace Sunday)

PAX CHRISTI

Pax Christi is an international Catholic movement for peace which offers support and encouragement to work for justice and peace. Pax Christi strives to help the church and the wider community to proclaim and make peace through its work for reconciliation and the promotion of a culture of peace and non-violence.

Sunday 8th February

(Education Sunday)

CATHOLIC EDUCATION SERVICE

This service is the chief negotiating and advisory body on all matters regarding Catholic education in England and Wales.

NIKUM KINDERGARTEN

Our 2007 diocesan project for Cambodia was to raise funds to build a kindergarten in the village of Nikum. Building began in 2008, and the kindergarten was finally opened on 13th October 2008. Their priest, Fr Gabby, writes to thank everyone in our diocese.

The simple structure in which we celebrate our Masses was also the place where our two teachers used to teach their classes. It was also the space where we held meetings, ate our meals, and even where we kept sacks of rice. It continues to be a simple place where we pray, with bamboo walls and windows from palm leaves. But in what used to be an empty space near the church, now stands a curious green structure with a red tiled roof where the children trot to in the early mornings.



Around 33 Buddhist children, aged 4 and 5 years old, come accompanied by their mothers or elder siblings, to spend 8 hours in school with young and enthusiastic teachers, Socheata and Kunthia, playing, singing, sleeping, learning how to count, to read and write their first letters. It is a joy to see when they learn their first songs or how to respectfully greet their parents and other elders!

According to a schedule, mothers would take turns to cook lunch for all the children. Our practice before was to let the children bring their own food from their homes. But as the teachers noticed, a few kids would stop coming to school because they had no food to bring. And so we decided to have food prepared in school for all children, with their parents still contributing an appropriate amount for the expenses.

The school also has a library meant for the older children, which now has some shelves, books, a long table and a few benches. This place is intended for reading and studying their lessons taken up in the government school. There are also some puzzles and posters of art and books on dinosaurs and the solar system and worlds beyond the everyday. We dream of a place which could tickle and expand their imagination. For making all these possible, we in Nikum have you to thank!! The people in Nikum are simple, kind and loving, and they appreciate the new doors that have opened for their young.

We would like to thank Bishop Michael and the faithful of the Diocese of East Anglia for all your support, especially for making the construction of our school possible, and for thus opening up new opportunities for the children of Nikum and the people of Cambodia!! Our heart-felt gratitude for all of you!!! God bless!!!

Fr Gabby, Nikum, Cambodia

FIVE YEARS OF VISITS

thoughts from Bishop Michael

In March 2009, I will have been your bishop for six years. A lot has happened since then, including the publication of our *Diocesan Pastoral Plan* in 2004, due for review this year across the diocese. How fully is this being implemented? And what may need fine-tuning or more radical revision?

By the time you receive this newspaper, I will have paid a formal 'Bishop's Parish Visitation' to all but one of the parishes of our diocese. Over the past five years, besides many other visits for Confirmations and other special celebrations, these Parish Visitations have been a very important part of my diary, an opportunity to meet many of you and to immerse myself in your parish life for a weekend. At the end of each Visitation, I send a two-page report to your Parish Priest, with my observations and recommendations; these reports are written for the whole parish, and I am grateful that in most parishes these have duplicated for everyone to see.

As I look back over five years of such visits, what overall impression of our diocese and its parishes have I gained as your bishop?

Good News!

Of course, ever parish is different – and no parish, priest, deacon or parishioner (or bishop!) is perfect. As the Second Vatican Council reminded us, the Church is 'always in need purification and renewal', and this is true of every parish and its communities. During those five years, a few parishes have been through difficult times. There will always be things we can do better together, aspects of the life, worship and mission of the Church to which we can give better focus and attention. Each of my Parish Visitation Reports give suggestions for areas a parish might well explore and work on as it moves 'Forward and Outward Together in Christ'.

But the main thing I want to say after my first round of such visits, and as I begin now my second round, coming back to you all again over the coming years, is how very positive and encouraging an experience I have found being with you in your parishes.

Mass attendance

As in many parts of the United Kingdom, and the 'Western World' in general, there are worries in some parishes about less people coming to Mass every Sunday, and that needs to be addressed rather than simply accepted.

How can we better ensure that all Catholics have a deeper understanding of the importance of coming together to Mass on the Lord's Day? How can we better celebrate every Sunday Mass so that it is always a prayerful and joyful celebration of Our Lord's Resurrection (with every Sunday as a 'mini-Easter', as Pope John Paul called for)? And how can we work together as parishes to become ever more truly warmly welcoming and friendly communities, where everyone experiences the loving smile and embrace of God among us?

Over the past five years, however, Mass attendance has gone up every year in East Anglia! This is largely due to the many people from other countries and cultures who have enriched our parish life, bringing so many gifts and blessings with them: people from India and the Philippines, Eastern Europe, Portuguese-speaking countries, Africa and many other places besides. It is so good to have you all among us. I hope you will place an increasingly active part in ordinary parish life.

'Made so welcome'

And I have come away from almost every parish visitation having heard people tell me how welcome they had been made to feel by priest and parishioners. I have a strong sense of our diocese being a family of welcoming and friendly parish communities, all working to become more truly what they already are. Each parishioner has his or her personal role to play in this, especially before, at and after Sunday Mass, so that no-one ever comes to our church for the first time and feels unwelcome.

Joyfully prayerful and reverent

Some of you will have very differing views on how Mass should be celebrated, about church music and other matters, but I have come away from the vast majority of parishes commenting that Mass was celebrated prayerfully and reverently, very well-supported by those responsible for the music, altar servers, readers, extraordinary ministers of Holy Communion, sacristans, flower-arrangers, church cleaners, and all who serve the parish community in any way.

People today receive Holy Communion as reverently as they did in my childhood (we can often have rather rosy 'memories' of how things 'used to be'), whether they receive in the hand or on the tongue. We can work together better to ensure that all of us (including our children and young people) have as deep an understanding as possible of the Mass and of Christ's presence in Holy Communion, and each of us can no doubt prepare better to receive Communion, come forward more prayerfully focused, and spend time afterwards in deeper thanksgiving, but I have no sense of our Catholic community in East Anglia being anything less than prayerful and joyfully reverent at Mass.

Stronger for our future

There has been far too much 'doom and gloom' spread by some people about the state of the Catholic Church in our country, as though we are gradually withering and dying! Perhaps I am seriously deluded, but that has not my impression here in East Anglia. We must not be self-satisfied or complacent, and we can always do better, but let us move forward positively together with hope and trust in God's presence, recognising, affirming and building on our many strengths.

We know we face a future with far fewer priests in our diocese, and some parishes have already had to cope with merging with neighbours, and losing their resident priest or a place of worship. This can be very difficult and painful for people, and I am very grateful for the generously flexible way such changes have generally come to be accepted. Undoubtedly, there is more of the same to come, but if we approach them positively together, they can be opportunities for a new and perhaps even better way of being the Catholic Church in East Anglia. My thanks to everyone involved so far, and those of you already planning for the future.

Working together in partnership

The best way to prepare is by being as strong a local community as possible, with everyone playing their part and using their many different gifts together. Lay people are called to take on further responsibilities in the life of the Church, not just as a way of 'helping Father', but because this is how the Church should be – priests, deacons, religious and lay people working together in partnership.

We need to rediscover together the full meaning of our Baptism and Confirmation, and both the extraordinary dignity and sacred responsibility that Christ has given each one of us. My sense after my first round of visits is that there is among very many people a real desire and commitment to

move in this direction. This will require better adult religious education, formation and training. Our diocesan 'Learning Together' programme, with its annual 12 study days, is an important part of this. But there are already so many lay people who give their time, talents and energy to the life, worship and mission of our parishes, and I am most grateful to all of you.

Our diocesan policy requires every parish to have an effective structure for lay participation in pastoral planning and decision-making. My recommendation is that the agenda for such meetings should nearly always include a pastoral topic from our *Diocesan Pastoral Plan* (5 years old this year) and the reports from the twice-yearly Council of Laity.

Overall, we have prayerful, welcoming and caring parish communities, very well-supported by our limited number of Catholic schools, and served and led with dedication by our parish priests and those who work with them.

Looking ahead with hope and trust

Certain key themes emerge from my 54 parish visitation reports so far:

- * We need to involve lay people in general and young people in particular more fully in parish life and service.
- * We need to reach out with the Gospel to others, touching the lives of the 'lapsed' and 'unchurched', people moving into the new housing developments across our diocese, migrants, young families, etc.
- * Marriage and family life is the foundation of our society, and needs greater support within parish life.
- * Parishes give wonderful support to CAFOD and other bodies; how can we all live together even more fully and radically our Catholic social teaching? Over the last five years, our developing diocesan friendships with Cambodia and the Holy Land (as well as other parish twinnings and links) have been an important part of this: how can we move this forward? Can all parishes now ensure they use fairly-traded goods, and take up this year's diocesan theme of caring for God's creation in practical ways?
- * Do we work closely enough with other Christians locally? And are we beginning to reach out in friendship to our neighbours from other religions (Jews, Muslims, etc)?
- * The heart of our Christian faith is our personal relationship with the Risen Christ, within the community of his friends, the Church. How can we further deepen each parish's spiritual life, prayer and worship?
- * When I arrived in East Anglia, we had no seminary students. We now have four, but we need many more. How can each parish give more focus to promoting vocations to the priesthood, diaconate and religious life?

There are only some of many other issues, but I return to my main point after visiting our parishes. We have no reason to be down-hearted or fearful for the future. There are challenges and changes to face, but overall our diocese is blessed with vibrant parishes served by dedicated priests, and we move forward together knowing that Christ is with us, and that his Spirit is among us. My thanks for all you do and are in your parish communities.

+ Michael

Around the Diocese

**A very holy
and happy
Christmas
to all our
readers**



The people from parishes across East Anglia who attended the Council of Laity to discuss spirituality

Laity concentrate on life of prayer in parish

The Council of Laity recently discussed the development of spirituality and prayer going deeper into its meaning than a description of activities by groups although this is an important aspect of parish life.

Bishop Michael made reference to the Diocesan Pastoral Plan which says that the heart of the matter is the "call to grow into an ever deeper personal (but never private) relationship with Our Lord as members of his Church, the family of God".

Bishop Michael introduced the topic by highlighting the heart of our Christian life: the call to an ever-deeper personal (but never private) relationship with Jesus Christ within the family of the Church, sharing the eternal exchange of love within the Holy Trinity.

"Each of us should be a prayerful family and a prayerful parish. No parish can move forward unless its life and work is rooted in prayer: not simply saying more prayers a graced openness to God's transforming love so that we enter more deeply into God's life.

"Besides our personal prayer, the Church's liturgy is central to our life of prayer together. It is an encounter with then living God in the midst of his Church."

"We use both public and private prayer to do this."

Bishop Michael also highlighted the passage on Touching the Heart in the Diocesan Pastoral Plan where liturgy is described as "an encounter with the living God in the midst of his family, the Church.

"Catholic liturgy should touch the heart of each person present. The whole human being takes part in liturgy - body, mind, heart and soul - and there is a rich tradition in the Catholic Church of reaching the invisible inner person through the visible and tangible: through art and music, sight and sound, touch, smell and taste."

The plan also says "through both Word and Sacrament the Lord comes to touch and transform our hearts".

Maureen Costello from Bury St Edmunds and Paul Alcock from St George's in Norwich give their personal impressions of the day.

Maureen said: "Bishop Michael emphasised that of all the topics discussed by the council this was one of

the most important. We are called to be people of prayer. In the Old and New Testaments the relationship between God and the human race is described as a marriage.

"God has extraordinary love for us; we need to learn how to respond. Looking at the story of Martha and Mary in St Luke's Gospel we were reminded not to be so caught up in 'activities' that we neglect our spiritual self.

"There are many wonderful initiatives in prayer and spiritual development already happening in the diocese and these were shared in our discussion groups.

"Ideas and comments fed back from our deanery group discussions will be used by Bishop Michael as the basis of his report to parishes.

"We hope this in turn will deepen the prayer life of families and parishes. We were fortunate to have time set aside for prayer and silent reflection during the day."

Paul said: "Much of the discussion was based around particular forms of prayer such as the adoration of the Blessed Sacrament and giving people appropriate opportunities to spend time in prayer.

"Also the need for some to have guidance in prayer and for specific training to be given to any lay people who may find themselves in a guiding role.

"Days of Reflection and joining pilgrimages were also to be encouraged. I am well aware that the cost of travel on many pilgrimages makes it very difficult for so many people to attend, thus the importance of local days of reflection cannot be emphasised enough in my view.

"There were many very valuable suggestions made at the meeting to help and encourage people in prayer, too many for me to mention here. Personally I feel that we all need to make time to take advantage of the opportunities that we all have to spend time in prayer, and to respect the time and quiet that our friends and family in the church need.

"For many attendance at Mass is the one time in the week that they feel comfortable and in the right environment for prayer (of course there is no wrong environment for prayer) and the additional opportunity of prayer before or after Mass must be respected by all."



Refugees in the Congo

CAFOD aims to raise £1m for Congo

CAFOD has launched a £1m appeal to help the people in eastern Democratic Republic of Congo who are caught in a battle for power between the established government and rebel troops.

Refugees gathered around the provincial town of Goma but were driven south to escape the fighting.

"CAFOD's Diocesan Officer in East Anglia, Olivia Schwier said: "People in East Anglia always respond generously to humanitarian disasters and we're so grateful. The money raised will make a huge difference to the work of our trusted partners on the ground and the people they need to reach.

"We're asking for their help once again on behalf of the tens of thousands of Congolese families caught up in the escalating violence which has left an estimated 200,000 people homeless.

"We need to reach those who have been forced to flee their homes with nothing."



The Catenian Association presented a cheque for £3,100 collected across the East Anglian province to Fr James Walsh, dean of St John's Cathedral. The money was presented at the annual Clergy Night Dinner held by Norwich Circle. Among the 80 guests present was Derek Rutherford, the immediate past Provincial President, who presented the cheque as a contribution towards a new stone lectern at the cathedral.



All you need to know about the diocese is in the Yearbook and Ordo 2009 now on sale in the parishes. It has articles, contact details and more.

CWL stalwart

At the age of 93 Joan Long from St Mary Magdalen parish in Ipswich should be taking it a bit easier but she has just completed her Level 3 Diocesan Learning Together Certificate which she received from Bishop Michael and is still an active member of the CWL serving on the committee. She also writes poetry.



YOUTH MATTERS (Oh Yes We Do!)

Celebrating the day for Young People

The last Sunday in November was 'National Youth Sunday'.

Throughout the diocese, different parishes celebrated this in different ways – some using ideas from the website specially set up the event. www.reclaimthefuture.org.uk

Following on from the last year's theme of 'Solidarity', this year the theme was 'Sustainability'.

The website which was set up by National Catholic Youth Service and the 'Live Simply' campaign is not just for Youth Sunday.

It is full of ideas and activities exploring sustainability including several moving film clips.

It could be used any time of the



Young people from St George's parish in Norwich preparing for National Youth Sunday.

year and may help in exploring our diocesan theme for the year "Stewards of God in Caring for Creation".

Pilgrims debate

Why do you run so many pilgrimages for young people?

All the pilgrimages we run offer very different experiences. What 'does it' for one person on one pilgrimage might not be what 'does it' for someone else on another pilgrimage, and vice versa. I use the phrase 'does it' in a deliberately vague sense because it's hard to put it into words, but when young people come away saying things like 'I really felt the presence of God like never before' you know something's going on. What I am convinced of is going on pilgrimage can re-ignite faith (and not just in the short term) and can be a life changing experience. Only last week I was talking to someone who since going to Taizé is contemplating a vocation to the religious life.

Aren't you just providing opportunities for those who can afford it and neglecting those who can't?

Taizé is subsidised directly by the diocese. I don't think it would be possible to travel and stay in France for any cheaper. World Youth Day last time was exceptionally expensive because of the location but we didn't pick this - the Pope invites the 'youth of the world' to join him in a city of his choice. With all our pilgrimages, often parishes are willing to help support their young people - most people who came on World Youth Day paid less than a third of the cost themselves.

But what about young people who want their parish to support them going on a pilgrimage when we never see them at Mass?

I agree it doesn't seem fair for young people to ask their parish to support them when they are not involved in the parish, but isn't it better they are enabled to have some contact with the Church (in its widest sense) than none at all? And it could change their lives!

Pilgrimages can cost such a lot of money.

On a practical level much of the money raised for World Youth Day came from the overwhelming generosity of parishioners. In my experience, it's much

Diocese of East Anglia Youth Service

PILGRIMAGE TO THE HOLY LAND FOR YOUNG PEOPLE

- *Walking in the footsteps of Jesus*
- *Sharing in the lives of our Palestinian brothers and sisters*

Age: 16 – 29
Dates: 13th – 20th February 2010 (half-term)
Cost: £700 (we have some good ideas on helping you raise this)

For further information and application form please contact:
 The Diocesan Youth office,
 21 Uppgate, Poringland, Norwich, NR14 7SH.
 Tel. 01508 494833 Email: dys@east-angliadiocese.org.uk

Completed Application Forms must be received by 1st July 2009

harder to raise money for other projects for young people such as a full-time diocesan youth mission team, deanery youth workers, outreach projects etc. **Isn't a Pilgrimage to the Holy Land dangerous?**

Our Pilgrimage is being organised with Fr. Paul Maddison, parish priest of St. Ives, and Barbara Warwick our diocesan child protection officer. Fr. Paul has been to the Holy Land over 30 times in the last five years. His local knowledge and contacts with local clergy and guides means that he can check situations on a daily basis and re-arrange the timetable accordingly. No journey anywhere is without risks, but we do everything we can to minimise them. Ultimately, it's about weighing these up with the benefits of going.

Contacting the youth service

The Diocesan Youth Office, The White House, 21 Uppgate, Poringland, Norwich, Norfolk NR14 7SH Tel: (01508) 494833 Mobile: (0781) 2004934 Fax: (01508) 495358 Email: dys@east-angliadiocese.org.uk

Hamish MacQueen, right, said there are often times when there is nobody in the office. Please leave a message and someone will return your call as soon as possible.



Key Events in 2009 From the Diocesan Youth Service

Saturday January 3rd

EPIPHANY 'NEW YEAR CANDLELIGHT MASS

For all young people preparing for Confirmation or recently confirmed. Held at Poringland, Norfolk.

Wednesday February 18th

ICE SKATING IN NORWICH - Half term week

For anyone of secondary school age.

Thursday February 19th

ICE SKATING IN PETERBOROUGH - Half term week

For anyone of secondary school age.

Monday May 4th

DIOCESAN PILGRIMAGE WALK TO WALSINGHAM

A sponsored walk to Walsingham raising money for good causes, arriving in time for Mass at the Diocesan Pilgrimage.

Wednesday May 27th

GO-KARTING IN SWAFFHAM - Half term week

For anyone of secondary school age.

Thursday May 27th

GO-KARTING IN IPSWICH - Half term week

For anyone of secondary school age.

Sunday July 12th

THE BIG ONE

Our main Diocesan event for young people. Including competitive games, a barbecue, live music and much more. Held at St. Benedict's School, Bury St. Edmunds.

July 25th to August 3rd

YOUTH PILGRIMAGE TO TAIZE

Our annual pilgrimage to Taizé. For those 17-29.

For more information, go to www.catholiceastanglia.org and click on 'Young People' and then 'Events' or contact the Diocesan Youth Service.

New Year Epiphany Candlelight Mass
Celebrated by Bishop Michael
Followed by refreshments, a bonfire and fireworks
For all young people confirmed in the last five years or preparing for Confirmation

Please bring a wrapped gift up to the value of £5 to go into a lucky dip.

6pm – 8pm Saturday 3rd January 2009
at The White House, 21 Uppgate, Poringland, Norwich, NR14 7SH

Organised by the Diocesan Youth Service
 Tel. 01508 494833. Email dys@east-angliadiocese.org.uk

DIOCESAN SCHOOLS IN FOCUS

Year Six pupils as media moguls

Year Six pupils recently learned how the media work and for a day they became media moguls with all the power of the Press at their finger tips.

The take over day was Tuesday 6 November when the Norfolk Education

Industry and Commerce Group (NEICG) ran a Media Day for pupils from St Thomas More School in Norwich.

The pupils were split into groups of six and tasked with producing a front page for a new regional newspaper.

Each person in the group was allocated a role – editor, journalist, advertising sales executive, assistant editor or photographer.

They worked as a team they had to decide the lead and support articles, sell advertising and create the adverts, produce pictures to accompany the articles and ensure that every inch of the front page was filled!

The NEICG ran the day expertly. Firstly, they presented the case for a new regional newspaper in East Anglia, explained the key roles and how to sell advertising based on

column centimetres.

Then throughout the day press conferences were held to present different ‘breaking’ stories and ‘business men’ were available to sell advertising space to, then get the advert agreed.

Although stressful and challenging, most pupils agreed that it was great fun and said that they had enjoyed the day.

Pudsey inspires charity giving

So far St John Fisher RC School, Peterborough, has raised £698.47 for Children in Need.

Sixth formers organised a variety of activities such as “Guess What’s in the Box” and a raffle for a signed photo of JLS which was won by a Year Eight student.

Staff and students also paid to come into school in non-uniform to raise money for this worthy cause.

Alongside this a great community spirit was felt in the school in the coming together of different students to help children who really need help.

The food technology department organised an activity that involved all Key Stage 3 students baking a

huge cake which you can read about below.

Mr Jones ran a karaoke competition and other collections were made in various ways including a Pudsey Bear coin dropper that was made in DT especially for the day.

The school said: “Thank you to everyone who took part in the fundraising either by helping or giving money.”

The theme for this year’s Children in Need was spots and we were excited by the idea of making a giant spotty cake.

All the Key Stage 3 students were involved in the making and selling of this enormous cake.

Each student made a slab of Madeira cake the size of a large baking tray; 180 in total using 720 eggs, of which the caretaker donated 120 of his own eggs.

The slabs were sandwiched together with chocolate spread and then layered to the size of a teacher’s desk.

The cake was covered in white icing and smarties by the students before cutting it up for sale.

A giant Pudsey Bear was made wearing a St John Fisher blazer and tie by a Year 8 student and placed on top of the cake.

Pudsey Bear who was the inspiration for the day is pictured right with loads of spots.



Doing as Rome does

On Wednesday 26 November, the children in Year Four at St Thomas More School in Norwich, dressed in either ‘Roman’ style clothing or the colours of Italy’s flag, took part in a variety of activities.

These included: choosing holidays, seeing a volcanic eruption (a small one!), Italian/Roman style dancing and cooking – and tasting- ‘Roman’ treats.

It was an enjoyable day. Thank you to the teachers and teaching assistants for leading activities, Lorraine Theobald who choreographed the dancing and Mrs Mitchell and her team for creating the tasty treats.

Thank you too, to the parents who were able to come in the afternoon to see some dancing highlights!

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Head teacher John Pinnington escorts the minister around the school.



Press and television took a keen interest



Minister’s visit linked with London 2012

Sports minister Tessa Jowell recently visited Notre Dames High School when she was visiting East Anglia on a quest for places where sports people could train.

She was also inspecting venues for competitions during the 2012 London Olympics and Paralympics.

Head teacher John Pinnington was delighted with the visit.

He said: “I was really pleased that Tessa Jowell made her visit to Notre Dame.

“It is a reflection of many years of hard work by a succession of excellent PE teachers who have always gone beyond their call of duty in arranging so many extra curricular activities around sport.

“Teamwork is one of the most important skills we can learn and there is no better arena for learning it than within sport.

“Our PE staff have established an excellent reputation for the school and of course our students have responded so positively. They were at their very best.



Emily Simon, second right, was elected to take over as head for the morning and is pictured inspecting the work of Year Six pupils in the kitchen, watched by the permanent holder of the post Diana Wynter.

Head for the morning

Emily Simon found out what it was like to be the head teacher at the Sacred Heart Convent School in Swaffham as part of Local Democracy Week.

However, the Year Nine student was only elected to hold the post for a morning but she beat the other candidates in the poll.

Emily, 13, said: “I was very pleased to have been chosen because I wanted to see what it was like to go to a school as a teacher.”

Before she started her busy morning the permanent holder of

the post Diana Wynter briefed her on what she would be doing and the first big task was addressing the assembly.

She chaired a short debate in which head girl Emily Wright spoke on behalf of democracy while head mistress Diana Wynter pleaded the case for tyranny but lost her case by a big margin.

Emily Simon then took the head’s Year Seven history lesson on castles by questioning the students on the subject after they had watched a video.

A short coffee break then

followed a tour of the classes to ensure everyone was hard at work but she was soon back in action in the gym with another group.

Her morning ended with a senior staff meeting where she discussed some of her ideas for the school.

“They were very impressed at how articulate she was,” Miss Wynter said.

Emily thought the morning was more of a challenge than she thought it would be and it would make her a better student.



Mike Liggins, special correspondent from Look East, pictured above with the pupils, spent the morning with Class 4 at St Benet’s Catholic Primary School in Beccles, Suffolk. They were showing off the skills at “Speed Stacking” which is the latest craze in sports activities. It involves children stacking cups in different ways such as 3-3-3 or 3-6-3. Children practise to see how quickly they can stack and unstack the cups. It is great for improving hand-eye coordination and ambidexterity. Mike Liggins was very impressed with how well the children completed the task, even having a go himself but Class 4 were no competition for him!



The Church of the Annunciation has many “green” attributes in its design

‘Green’ measures at Walsingham church

When the new church of the Annunciation in Walsingham village in Norfolk was being designed concern for the environment and being carbon neutral played an important part.

This now fits into this year’s diocesan theme of stewardship to God’s creation.

Consultant and historic buildings consultant Anthony Rossi, involved in the project, here outlines some of the ideas and considerations which played a part in the building of the church which was completed in October 2006.

It was difficult to construct what might have been a completely “sustainable” building in a sensitive historic context where external materials and forms traditional to Norfolk were demanded.

It was possible to incorporate heating and electricity generation which used renewable energy combined with high insulation levels and low energy lighting.

Heat is all drawn from technology using boreholes and the only cost is electricity for pumping a liquid through the system that acts like a refrigerator in reverse. Instead of cold heat is transferred to the liquid which is pumped through coils in the floor to keep the building warm with no emissions, delivery costs or storage. The system can be reversed to keep the building cool in summer.

On the south facing roof not seen from the road an array of 132 solar panels has been installed to generate 10Kw of electricity on a hot summer day but less in winter.

However, because a manufacturing fault led to a lengthy period of inaction it has not yet proved possible to assess the full productivity of the units.

It is anticipated the system will provide all the electricity the building needs.

An import/export meter measures the output and allows surplus electricity to be sold to the national grid in the summer. If demand exceeds generation in the winter months additional power

can be purchased from the grid.

It is hoped the consumption of fossil fuels, and the output of carbon and contribution to global warming will on balance be nil. Since nearly 50% of carbon output in the UK is from buildings a zero output must make a major contribution to the environment.

The cost of renewable energy systems is significantly higher than tradition ones but higher fuel prices make these schemes more attractive.

At Walsingham 50% grants from government agencies were obtained and this was coupled with construction cost savings to ensure the sustainable system did not increase the overall cost of the building.

To win the grants a diocesan environment policy statement was drawn up based on a template from the Church of Scotland who were ahead of the field.

The “green” church has created a great deal of interest mostly from outside the Diocese of East Anglia.

For the past two years the Norfolk branch of the Campaign to Protect Rural England has, with the cooperation of then parish, arranged “open days” in September.

In 2006, before the church was completed, it was featured in a booklet “Green Buildings in Norfolk” and in November 2008 it was selected for one of the campaign’s annual architectural and environmental awards.

It is easier to include renewable energy systems in new buildings than existing ones but it is not impossible especially when sensitive historic structures are involved.

Even St John’s Cathedral has hidden south facing roof slopes where solar panels could be concealed and it has ample land for the installation of ground coils.

Ed: There are proposals being drawn up to address the heating system in the cathedral in a “green” way and to reduce its carbon footprint - see details on page 8.



CATHEDRAL FOCUS

NEWS FROM OUR MOTHER CHURCH

New campaign starts to cut carbon footprint by 92 tonnes at Cathedral

An ecological campaign is starting in a bid to cut the carbon footprint at St John's Cathedral as development officer Naomi Perowne explains.

She said: "Bishop Michael's Advent Pastoral Letter dwelt on our new Diocesan Theme – Caring for God's Creation (see also page One).

"If you missed this important letter, you can still read it on the Diocesan Web Site (www.catholiceastanglia.org).

"Now here's our chance to focus on our own personal contribution to climate change and at the same time join Bishop Michael and our Cathedral in helping to make a difference.

"The East of England Development Agency (EEDA) is sponsoring an awareness campaign and is going to fund a competition entitled *Cut Your Carbon* (www.cutyourcarbon.com).

"We probably all know – though probably do not fully understand how – our industrialised way of life in the 20th and 21st centuries has done much to damage our beautiful world and that our use of fossil fuels (our *carbon footprint* to use the scientific term) is one of the culprits.

"The *Cut Your Carbon* competition focuses on community projects that will really make a difference to our environment by cutting carbon emissions.

"Our Cathedral is entering this competition with an exciting project to replace the (sadly defunct) heating system with a brand new one using renewable energy.

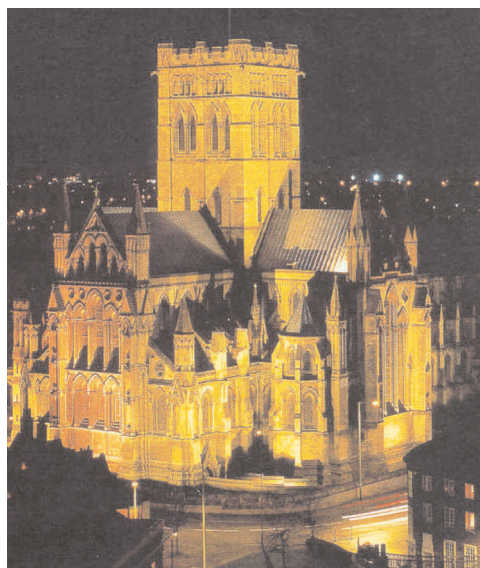
"Last summer catastrophic floods damaged the Cathedral's main gas boilers in the west end basement beyond repair, presenting us with a very chilly problem this winter, but also a wonderful opportunity to replace these gas guzzlers with a state-of-the-art biomass system.

"The Cathedral's carbon footprint using the old gas boilers is a massive 92 tonnes per year and aren't we all glad we don't have to pay that gas bill!

"Of course, the Cathedral parish does have to pay it and that is a further incentive for seizing this opportunity to make a change.

"The new system will be cheaper to run but above all, it is carbon neutral – saving 92 tonnes of CO₂ emissions per year.

"An added bonus, for the Cathedral's visitors (and that might be you!) is that the new system would enable permanent background heating at minimal cost – just one more way, in addition to the amenities in



St John's Cathedral lit up at night

the soon-to-be Narthex, of making people feel welcome!

"To encourage us all to think about how we can make a difference to the environment, Bishop Michael has launched a new virtual 'community' on the *Cut Your Carbon* web site.

"He would like as many people as possible to join this virtual community as this our ability to involve our community in thinking about its carbon footprint will count in the assessment process of the competition. So,

for those of you with internet access – this is what you do – go to www.cutyourcarbon.com

"Click on **Calculate your carbon footprint** – you will need to register to do this – simply enter your email address and a password.

"You then go through the process of putting in your own household's energy consumption – heating, light, appliances, travel etc. and calculating your carbon footprint. It will take you about five minutes.

"Our aim is to get as many people as possible throughout the diocese to do this – the greater the number of people we can involve in our project the higher our chance of success in the competition. So tell your friends in your parish.

"We will also put links to the **Cut Your Carbon** site from the Diocesan and Cathedral web pages. Once you have registered and calculated your footprint click on **Join a Community** and join the community entitled **RC Diocese of East Anglia**, which has Bishop Michael as its leader.

"Your family's carbon footprint will be added to that of the rest of the community. I've done mine – it's a lot less than the Cathedral's!"

Parish news still needed

The editor Patrick Byrne needs more news about activities and people in the parishes. Please send a few notes and a jpg picture by email or with a photograph in the post.



We look forward to hearing from you.

To get in touch with the editor Patrick Byrne the details are listed below.

Our Diocesan Family,
The White House, 21 Ugate,
Poringland, Norfolk NR14 7SH.
Tel/Fax: 01603 627409 and

email:
ptjbyrne@patrickbyrne.go-plus.net



As we go to press, we hope that construction on the new Cathedral Narthex will begin during the first week of February.

It will include lots of features, one of which is a new refreshment area – a café – overlooking the Cathedral garden.

We would like to give it a name other than 'café' to make it somewhere special and give it an identity to encourage folk to use it and so we are launching a competition throughout the Diocese.

If you can think of (preferably) a single word, which to you describes a place for meeting and eating at the Cathedral, send this by post to: Cathedral Development Office, Cathedral House, Unthank Road, NORWICH NR2 2PA.

Or you can email development@stjohnscathedral.co.uk.

Closing date is 31st May 2009. The words 'Harry's' and 'Caff' are not permissible!

BUILDING BRIDGES in Cambodia



Heidi (2nd left), Catherine (middle) and Lizzy (right) with Bishop Kike

Since our diocesan twinning and friendship with the Diocese of Battambang began in 2004, 18 young adults have been to Cambodia, either on their own or in twos or threes. They have gone as ambassadors of our diocese, to experience first-hand the life of the Catholic Church there and its loving service of the poor. This month's article is about the latest three to go.

FROM IPSWICH TO CAMBODIA

August 2008 saw Heidi Barham, Catherine Chapman and Elizabeth Entwistle (all members of the Diocesan Youth Council) visit our twin diocese in Battambang, Cambodia.

We flew into the country's capital city of Phnom Penh and were made extremely welcome by Bishop Kike and Sister Denise at the Jesuit Centre. After a few hours rest, the adventure began, and we embarked on a three hour trip to Battambang.

Our first day in Battambang was spent getting to know the people the Church supports in the village, and meeting with the youth. During our walk around the village we met a man who was a widower. His children had all moved away and now have no contact with him.

Despite his own circumstances, living in a small hut in a friend's garden, with little money, he was very worried about his children. He had a disability in both hands from birth, but can still play the guitar and loves to play chess!

The second day saw us go up to Phnom Sampauv, which was a large mountain that contained a Buddhist temple.

The pagodas that were at the summit were beautifully designed, a real contrast to the sparse decoration of a typical Cambodian home. Cambodia is primarily a Buddhist

country, however the type of Buddhism practiced is 'low' Buddhism.

Whilst in Battambang we made the short journey to Ta Hen, which is where traditional Cambodian dancing and music for the local children takes place.

Pol Pot ordered the killing of all the dancers and musicians in the country during his regime, and so it is important for the youth to rediscover their cultural heritage.

It was truly amazing to watch, and the dancers are so good they have actually performed in Spain!

Another place we visited in Battambang was the local prison, with Brother Bongbong, Sister Ath and two Spanish medical students, to take medical supplies and to treat the prisoners. In contrast to a British prison, it was very open, and the medication was given out more freely.

There was also a furniture business within the grounds, to keep the prisoners occupied.

However, the conditions were cramped and there were as many as fifteen men or women sharing a cell. A rather sad aspect of this visit was to see children (up to the age of five) also living this life with their parents; the conditions were so poor they also had to share their parents' food ration.

The next place we visited on our journey was Poipet. During our time here, we stayed with Sisters Mika, Carmen and Goumi. Most days spent with the Sisters involved visiting the villages and helping with the mother and baby classes they ran, and visiting the families of the children the Jesuit Service were going to help fund through school.

Poipet is on the border with Cambodia and Thailand, and there is an area before border control that is full of Casinos. (Cambodians are not allowed into these casinos; instead they are reserved for affluent tourists)

It was in Poipet that we met a pregnant woman who travelled every day to sell bananas in Thailand; whilst making this trip



The Ipswich Threesome and friends

she fell into labour and had her baby, four months early.

Because the medical care in Cambodia is nowhere near the standard in Europe, she was released from hospital and told to take the baby home. Unfortunately she was extremely dehydrated and died a few days later.

After Poipet, we travelled to Sisophon and then on to Siem Reap. Whilst here we visited a farm which was run solely by volunteers, with the aim of teaching sustainable farming methods to the local people.

There were also young people who came here for English lessons, which we took part in. We managed to squeeze in a trip down the river to visit the floating church, where we had Khmer Mass with Father Heri, and helped distribute rice soup to the children there.

We then travelled back to Battambang with the enthusiastic youth of Siem Reap, who were going there for the Youth Synod. It was rather like World Youth Day, but on a smaller scale. Sadly we could not get involved as it commenced the day we were leaving.

We had an amazing, yet challenging time in Cambodia, and would like to thank Bishop Kike, all of the Priests and Brothers in Battambang, the sisters in Poipet, Fr Heri in Siem Reap, and all of the youth we met along the way.

Not forgetting Bishop Michael who made it possible for us to go!

Heidi Barham and Lizzy Entwistle



Floating houses

CHRAP VIEL KINDERGARTEN



The community at Chrab Viel, near Battambang

LAST CHANCE TO HELP

Our main diocesan Cambodia 'Building Bridges' project since February 2008 has been to build a kindergarten for the small community at Chrab Viel in Cambodia, much like the one we built in Nikum last year. We will have a new project for 2009 soon, so this is the last chance to support the kindergarten. Would you like to support this project? Cheques should be made payable to the 'RC Diocese of East Anglia'.

First Name.....

Surname.....

Title (Mr, Mrs, Miss, Ms, etc)

Address.....

.....

.....

Postcode.....

Amount enclosed.....

GIFT AID DECLARATION

(if appropriate)

I wish the RC Diocese of East Anglia to reclaim tax on this donation. I have paid an amount of UK tax or capital gains tax equal to any tax claimed.

Signed.....

Date.....

Please send to:

Bishop Michael, 'Building Bridges', 21
Upgate, Poringland, Norwich, NR14 7SH
Registered charity no. 278742



Prayers are asked for Jenny Standing who was secretary to the first three bishops of East Anglia. She died after a long battle against liver cancer and her funeral was at her favourite church in Norwich - St Giles in the city centre.

Many people across the diocese would have known Jenny and many came to the funeral.

Jenny's career started out in nursing and she was devoted to her family. After securing jobs in finance when she returned to work when the children were older she moved to the White House where she was secretary to Bishops Alan Clark, Peter Smith and Michael Evans.

Mike and Ann's card

A blessed Christmas to all the clergy and friends. This year it is a goat for Africa in place of Christmas cards.

Ann and Mike Vipond

Fruit pickers raise funds for Haiti

The Rosmini Centre at Our Lady and St Charles Boromeo in Wisbech is benefiting from funds provided by a friendly council and a generous farmer.

It has received £3,000 from a fund providing cash to voluntary and community projects across East Cambridgeshire and Fenland.

Cabinet member for children Martin Curtis said: "This is a worthy and deserving project that directly or indirectly benefits children and young people."

"I am proud that the county council is able to help them."

Friends of the Rosmini Centre, named after the founder of the Rosminian order who staff the parish, were approached by a local fruitgrower who had recently purchased an orchard but was unable to pick the fruit this year.



The Rosmini centre fruit pickers and friends

He agreed to allow the group to come on site to pick fruit for themselves which they did.

They also managed to raise funds for the centre and CAFOD's appeal for the people of Haiti.

Judith Lawrence the local Cafod representative stated that this gesture, a cake sale, a second collection and some anonymous

gifts enabled the community to send more than £500 to the Haiti appeal.

"It is so heartening to see that despite people's worries about the global financial crisis they dug deep and worked so hard to raise this money".

The group were also asked to pick fruit at a local pear orchard.

Once again the pickers have

helped themselves with the remainder brought back to the church and after each of the weekend Masses people were invited to take what they needed.

About a ton of apples were picked and a lot reemerged in the form of apple pies at the monthly cake sale.

The Rosmini Centre is currently undergoing refurbishment as part of the government 'Investing in Communities Programme'

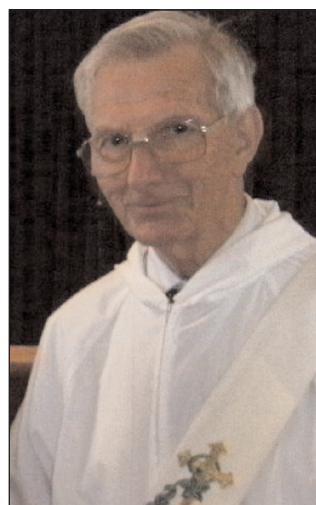
It received a grant of £3,000 last year which has enabled it to run a parent/toddler group, play and learn sessions, craft days, cultural trips and family learning sessions.

The sessions included making greeting cards and learning about different cultural events around the world, family bingo to improve numeracy skills, book clubs to improve language skills and other activities to boost confidence among people.

Gentle deacon from Our Lady's Thorpe

One of the first deacons to be ordained for the Diocese of East Anglia, Francis Hanley, 82, has died and St George's Church in Norwich was packed at the Funeral Mass offered in prayer for the life of a gentle and soft spoken man who had served the parish so well.

Francis was ordained in 1991 and immediately became involved in parish life, soon taking charge of the growing community served by Our Lady's chapel in Thorpe. After his wife of 47 years, Margaret, died in 1998 he moved to live near the chapel.



Deacon Francis Hanley

Bishop Michael said at the Mass that the church expected the newly restored Diaconate would probably always be rather flexible, serving the Church in whatever way needed.

Francis's ministry had embodied the special call to live, proclaim and serve the Good News of God's love. Something we are all called to do in our different ways," Bishop Michael said.

Francis, who was born in Gosport and educated in Portsmouth began his working life as Post Office engineer during the Second World War and worked

on communications for D-Day landings.

The Hampshire man who met Margaret from Kenilworth in Warwickshire as a member of a cycling club served most of his career in the civil service working in computers and information technology.

He joined Her Majesty's Stationery Office and was transferred to Norwich where he worked in a variety of roles over four decades until retirement.

The church was central to his life and he had always been an active parish worker and member of the Norwich Circle of the Catenian Association.

BISHOP'S ENGAGEMENTS IN JANUARY AND FEBRUARY

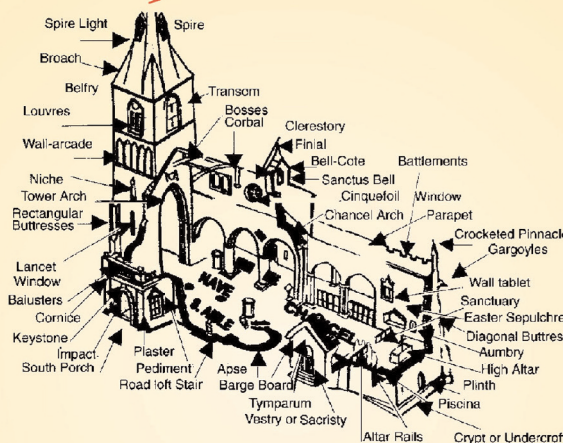
JANUARY

1 st	Mass at St John's Cathedral at 10 a.m.	24 th	Diocesan 'Learning Together' Study Day on 'Creation' in Cambridge	4 th	'Any Questions' at St Alban's High School, Ipswich at 2 p.m.
3 rd	Epiphany /New Year Youth Mass at Poringland at 6 p.m.	25 th	Diocesan Youth Council at Poringland, 3.00-7.00 p.m.	5 th	Mass at Margaret Beaufort Institute, Cambridge at 6 p.m.
5 th	St John's First School In-Service Day at Poringland	26 th /27 th	Bishops' Conference Standing Committee overnight meeting in London	7 th	Lourdes Reunion at noon at Ely.
9 th	Holy Land Pilgrimage meeting at St Ives	28 th	Question & Answer sessions at Notre Dame High School, Norwich	8 th	Confirmations at Dereham at 11 a.m.
10 th /11 th	Parish Visitation to Whittlesey	29 th	Council of Priests at Poringland	11 th	Diocesan Vocations Group at Poringland at 2 p.m.
12 th - 15 th	Bishop away: Colloquium on Receptive Ecumenism in Durham	30 th /31 st	Committee for Christian Unity /Diocesan Ecumenical Representatives meeting in Leeds	12 th	Diocesan Schools Service Commission at Poringland
20 th	Archbishop Romero Trust at 11 a.m. in London			14 th	Diocesan Commission for Dialogue & Unity at Poringland
22 nd	'Any Questions' at UEA Chaplaincy at 7 p.m.			16 th - 23 rd	Bishop away on Holy Land Youth Pilgrimage
23 rd	Mass with the 'Elders Group' at Holy Family, Kings Lynn (20 th anniversary) at noon			25 th	ASH WEDNESDAY
	Mass with Knights of the Holy Sepulchre at			26 th	Clergy Ongoing Formation Day at Poringland
				28 th /1 st	March Parish Visitation to Poringland

FEBRUARY

1 st	'In the Palm of God's Hand': Children's	28 th /1 st	March Parish Visitation to Poringland
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